

## **PUBLIC WORKSHOP**

## 29TH &30TH NOVEMBER



## **EMOTIONAL INTELLIGENCE**

The ability to be recognize, manage, and be responsive to your own emotions while at the same time accommodating other people's emotions can seem challenging. It can make the difference between a thoughtless emotional reaction to whatever happens in life, and a balanced reasonable response that focuses on solutions. How is it that some people handle disasters or emergencies better without "loosing it" and without finding someone else to blame? Being positive even at the grimmest of moments is a skill that can be honed. All it requires is EI – a tool that helps you cope with everyday changes in life. This workshop encompasses the 4 pillars of EI, the 7 steps to EI and the 25 individual competencies in EI.



Anyone who wants to bring about SUCCESS in Work and Personal Life



29th & 30th of November 2015 in a hotel in Dubai



Price \$1200 Early Bird Price US\$ 1000 Includes Buffet Lunch & Snacks